

Vanderhoof Clippers Speed Skating Club

2019-2020 Season

To all Parents and Adult Skaters:

This year, if there is enough interest, we are adding additional ice-time for adult skaters. The purpose is to provide an opportunity for adults to have time to skate outside of the regular speed skating times, and to provide an opportunity for parents/adults who already know how to skate with hockey and/or figure skates to try out speed skates. Please note the following:

- The skating time will be on Thursdays, from 6:30 am to 7:15 am
- This session is for:
 - Currently registered adult speed skaters who wish to have additional ice time and
 - New parents/adults who would like to try using speed skates
- If you are new to speed skating, you must have some previous skating experience on either hockey and/or figure skates.
- You must register as a skater with the Vanderhoof Clippers Speed Skating Club to access this opportunity. You can register as a participant only if you wish. You do not need to compete to take advantage of this opportunity.
- You can connect with the registrar, Trinda Elwert at: vanderhoofspeedskating@gmail.com
- Cost for currently registered Masters Skaters: included in the yearly fees already paid.
- Cost for skaters who wish to skate on Thursdays only: \$170 for the year plus a skate rental fee of \$70 (a \$200 cheque is held as a damage deposit and returned/torn up when the skates are returned at the end of the season).
- The session will be divided into 2 groups: more experienced speed skaters and beginning speed skaters. The groups would alternate taking turns on the track. The inside of the track would also be used to teach skills to individual skaters. You will skate with whichever group you feel the most comfortable.
- Coach for this Thursday morning session is Dianne Raymond.
- For more information please contact Dianne Raymond @ 250-690-7715 (home) or 250-567-0025 (cell)

Our first session would be on Thursday, September 26. Hope to see you there!

Dianne Raymond